

# 2026-2027 St. George Dance

## Tryout & Commitment Information:

### Tryout Clinic: March 18<sup>th</sup> and 19<sup>th</sup>

- Wednesday- Tryout choreography will be taught
- Thursday- Review tryout choreography and mock tryout
- Time for both days: 3:15-5:00
- Dismissal through carpool line in front of gym

### Tryouts: March 20<sup>th</sup>

- All students: 3:15-5:00

Tryout results will be emailed on Saturday, March 21<sup>st</sup> via email from Athletic Director Ashley Bourgeois after 4:00pm

### Mandatory Dates:

If you tryout you must be able to commit to the following dates:

- **March 25, 2026** – 3:15 Uniform Fitting and team meeting. Mrs. Pittman's classroom, St. George Hall Rm. 23
- **Camp Prep Practices** –Between June 4- June 18. Parents will receive a survey after tryouts to determine what days work best.
- **June 22-26** – UDA Camp at Crowne Plaza, Baton Rouge
- **Parent Meeting** - TBD

Please email any questions to: [ashley.bourgeois@sgschoolbr.org](mailto:ashley.bourgeois@sgschoolbr.org)

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## Tryout Details & Procedures:

- 1. Sign up through Google Classroom:** To be eligible for tryouts, **students** must sign up by joining the google classroom for each grade level using the links below by Friday, March 13, 2026. **Students must join the classroom using their google account associated with St. George School.**
  - ◆ [2023/2027 Dance Tryout Classroom](#)
- 2. Parent Google Form:** A parent must complete the following google form by Friday, March 13, 2026 giving permission to tryout:
  - [2026/20276 Parent Form for Dance Tryouts](#)
- 3. Dress code for tryout:**
  - ◆ Clinic attire: Dancers should wear comfortable but modest dance clothing and jazz or pirouette shoes. Midriffs must be covered and hair should be pulled away from the face. Only stud earrings may be worn, all other jewelry/watches must be removed.
  - ◆ Tryout attire: Dancers should wear a fitted, solid black modest top or leotard, black shorts or pants and jazz or pirouette shoes. Midriffs must be covered and hair should be pulled away from the face. Only stud earrings may be worn, all other jewelry/watches must be removed.
- 4. Tryout Clinic:** All participants will be identified throughout the tryout process by a randomly assigned number. The girls will learn a short dance routine that will include a section of jazz, hip hop, and pom styles along with a freestyle closing of the dancers choice. After day 1 of the clinic, a recording of the material will be shared through the Google Classroom to help the girls practice at home. **The tryout clinic is closed to all parents/spectators, and there is no filming allowed on campus.** A portion of the final tryout score will be earned during the clinic based on the dancer's attitude and effort. Please make sure to bring a water bottle and all clothing needed to school the days of the clinic.
- 5. Tryout Information:** Dancers will be judged on their technique, adaptation to style and memory of choreography. Various skills will be included in the tryout and dancers should attempt all skills with a positive attitude regardless of their level of skill mastery. Please see the included score sheet for a full breakdown of points and criteria. Being a previous member of any dance team does not guarantee a spot for the 2026/2027 dance team. **The tryout is closed to all parents/spectators, and there is no filming allowed on campus.**

**6. Notification of Teams:** All candidates who signed up for tryouts will receive an email with the list of those selected for the 2026–2027 St. George Dance Team from Athletic Director Ashley Bourgeois on Saturday, March 21, after 4:00 p.m. Emails will be sent to the parent/guardian email addresses listed in FACTS, so please ensure that this information is up to date. Additional information will be provided to those selected for the team shortly following the initial notification.

*Please be mindful that not all candidates will be selected and that not everyone will see the results email at the same time. We respectfully ask families to refrain from sharing results on social media or other public forums and to remain considerate and supportive of all candidates, recognizing that this process may be disappointing for some.*

**7. Costs:** Girls who are selected for the team will be responsible for the following expenses:

- ◆ Uniform Package: Package includes performance uniform, body suit, poms, bag, ribbons, practice shirt and shorts. (Shoes are not included) Returning member cost is approximately \$160, new member cost is approximately \$450
- ◆ UDA Camp: All team members will attend a UDA camp in Baton Rouge to improve technique, learn personalized choreography and participate in team building activities. A portion of the camp cost is covered through proceeds from the SGS K–5th Grade Fall Dance Clinic. The remaining balance each dancer is responsible for is approximately \$200.

**8. Practices:** Practices are tentatively scheduled for Friday's from 3:00-4:30 and Sunday's from 2:00-4:00 beginning in August and running through March, unless notified by the coach of a change due to performance schedule.

**9. Performances:** Girls selected for the dance team are expected to actively support school spirit throughout the school year. This commitment includes dancing at home athletic events for girls basketball, boys varsity and JV basketball, and football, as well as performing at pep rallies and participating in other school-sponsored activities held during the school day. Being on the dance team requires a commitment to teamwork, reliability, and representing the school positively at all times.

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## Tryout Clinic Scoresheet:

On each tryout clinic day dancers will earn 1-2 points based on the following criteria:

1. Listens and Follows Direction
2. Positive Attitude and Effort
3. Ability to Learn Choreography Quickly
4. Arrives on Time Dressed and Ready

## Tryout Scoresheet:

On the tryout day, dancers will be scored in the following categories, possible points listed next to each.

### Technique:

- |                           |                 |
|---------------------------|-----------------|
| 1. Double Pirouette       | 1-3 points      |
| 2. Fouvette Turns         | 1-3 points      |
| 3. Toe Touch              | 1-3 points      |
| 4. Firebird               | 1-3 points      |
| 5. Leaps- Right and Left  | 1-2 points each |
| 6. Splits- Right and Left | 1-2 points each |

### Dance:

- |                            |            |
|----------------------------|------------|
| 1. Movement and Precision  | 1-3 points |
| 2. Coordination and Timing | 1-3 points |
| 3. Facial Expression       | 1-3 points |
| 4. Memory                  | 1-3 points |
| 5. Crowd Appeal            | 1-2 points |

### Style:

- |              |            |
|--------------|------------|
| 1. Jazz      | 1-3 points |
| 2. Hip Hop   | 1-3 points |
| 3. Pom       | 1-3 points |
| 4. Freestyle | 1-3 points |