

2025-2026

St. George Dance Team Tryouts

"Let Them Praise HIS Name With Dancing" Psalm 149:3

Team Eligibility: To be eligible to tryout, all participants must complete the online registration form sent by the SGS Athletic Director. You will also need to complete the Sign Up link below. Dancers will join our Google Classroom below. Sign up by Friday, March 21.

Sign Up Link: <https://forms.gle/83wavATp7kzeNzuD6>

Google Classroom: <https://classroom.google.com/c/NzQ5MjM3NTY2Mjly?cjc=ofdgoon>

Google Classroom Code: ofdgoon

TRYOUT CLINIC

3:30-5:15 PM in the St. George Gym

Wednesday, March 26: Tryout Choreography Will Be Taught

Thursday, March 27: Review Tryout Choreography & Mock Tryout

TRYOUTS

Friday, March 28 3:30-5:15 PM in the St. George Gym

IMPORTANT DATES

Uniform Fittings & Team Meeting: Thursday, April 3 at 3:30PM - Mrs. Leger's Rm. 36

Camp Prep Practices: June 3-19 Tuesdays and Thursdays - PreK Cafeteria

UDA Dance Camp: June 23-26 - Crowne Plaza in Baton Rouge, LA

Tryout Clinic: All participants will be identified throughout the tryout process by a randomly assigned number. The girls will learn a short dance routine that they will perform on the day of tryouts. This routine will include a section of jazz, hip hop, and pom styles along with a freestyle closing of the dancers choice. All days of the tryout process are completely CLOSED to parents and spectators. There will be no filming allowed on campus. A portion of the final tryout score will be earned during the clinic based on the dancer's attitude and effort. Remember to bring a water bottle.

Clinic Attire: Dancers should wear comfortable/modest dance clothing and jazz or pirouette shoes. Midribs must be covered. Hair should be pulled away from the face and only stud earrings may be worn. All other jewelry/watches must be removed.

Tryout: Dancers will be judged on their technique, adaptation to style, and memory of choreography. Various skills will be included in the tryout and dancers should attempt all skills with a positive attitude regardless of their level of skill mastery. Please see the included judges score sheet for a full breakdown of points and criteria. Being a previous member of the team does not guarantee a spot for the new season.

Tryouts are completely CLOSED to parents and spectators. Independent judges, not the coaches or administration, will score the candidates. The 2025-2026 St. George Dance Team results will be emailed in the evening following tryouts on Friday, March 28 by 9:00 PM. Please make sure your FACTS email is accurate as this will be what is used to communicate results and team information by the St. George Athletic Director, Ashley Bourgeois. All dancers selected will receive further team information from the coach, Michelle Leger, on Monday, March 31.

Tryout Attire: Dancers should wear a fitted, solid black, modest top or leotard, black shorts or pants, and jazz or pirouette shoes. Midribs must be covered and hair should be pulled away from the face. Only stud earrings may be worn. All other jewelry/watches must be removed.

Performances: The team will perform for home football games, pep rallies and home boys basketball games along with various other events throughout the school year as representatives of St. George School. Please know that this is a FULL year commitment.

Practice: Practices will be tentatively held on Friday's 3:00-4:30 and Sunday's 2:00-4:00 beginning in August and run through March unless notified by the coach of a change or cancellation.

Uniforms: Girls who are selected for the team will be required to purchase the St. George Dance Team uniform package and accessory items which total about \$430 including tax and shipping for new members. This package includes the dancers performance uniform, bodysuit, poms, ribbons, bag, practice shirts and shorts. Shoes are not included and will be the dancers responsibility. Returning members' costs will be about \$180 including tax and shipping. This includes poms and practice gear. Financial assistance is available.

UDA Camp: All team members will attend a 4-day UDA camp during the summer to improve technique, learn personalized choreography and participate in team building sessions. Camp fees are \$200 per dancer. This fee will be due at uniform fittings on Thursday, April 3.

We are extremely excited about this upcoming season! If you have questions, please contact Mrs. Leger.

Sincerely,

MRS. MICHELLE LEGER

michelle.leger@sgschoolbr.org

SGS Clinic Evaluation

Listens and Follows Directions	1	2
Positive Attitude and Effort	1	2
Ability to Learn Choreography Quickly	1	2
Arrives on Time Dressed and Ready	1	2

Total Score: _____/8

NOTES

SGS Tryout Evaluation

Judge's Initials: _____

Candidate Number: _____

Technique

Notes

Double Pirouette		1	2	3
Fouette Turns		1	2	3
Toe Touch		1	2	3
Firebird		1	2	3
Leaps	R	1	2	
	L	1	2	
Splits	R	1	2	
	L	1	2	

Dance

Notes

Movement and Precision		1	2	3
Coordination and Timing		1	2	3
Facial Expression		1	2	3
Memory		1	2	3
Crowd Appeal		1	2	

-----Overall

Style

Notes

Jazz		1	2	3
Hip Hop		1	2	3
Pom		1	2	3
Freestyle		1	2	3

Total Score: _____/46 (coach/AD will calculate)

Candidate Name: _____ Candidate Number: _____

Tryout Summary

Coaches and AD will calculate the candidates final scores.

Clinic: _____/8

Tryout:

Judge 1 _____/46

Judge 2 _____/46

Final Score: _____/100