

# 2026-2027 St. George Cheer

## Tryout & Commitment Information:

### Tryout Clinic: March 25<sup>th</sup> and 26<sup>th</sup>

- Current 5<sup>th</sup>, 6<sup>th</sup> and 7<sup>th</sup> Grades learn Cheer, Chant & Dance
- Time: 2:45-4:00
- Dismissal through carpool line in front of gym

### Tryouts: March 27<sup>th</sup>

- Current 6<sup>th</sup> Grade students 3:15
- Current 7<sup>th</sup> Grade students 4:00
- Current 5<sup>th</sup> Grade students 4:45

Tryout results will be emailed on Saturday, March 28<sup>th</sup> via email from Athletic Director Ashley Bourgeois after 4:00pm

### Mandatory Dates:

If you tryout you must be able to commit to the following dates:

- **April 1, 2026** – Online Camp/Uniform Fitting for all teams. Virtual online fitting for all uniform/camp gear with Varsity Sports (email will be sent post tryout results)
- **June 1<sup>st</sup> – 5<sup>th</sup>, 2026** – Camp Practice Days & UCA Camp at St. George for 2026/2027 6<sup>th</sup> and 7<sup>th</sup> Grade Teams
- **June 8<sup>th</sup> – 11<sup>th</sup>** – UCA Camp at LSU for 2026/2027 8<sup>th</sup> Grade Team
- **Parent Meeting** - TBD

Please email any questions to: [ashley.bourgeois@sgschoolbr.org](mailto:ashley.bourgeois@sgschoolbr.org)

# 2026-2027 St. George Cheer

## Tryout Details & Procedures:

- 1. Sign up through Google Classroom:** To be eligible for tryouts, **students** must sign up by joining the google classroom for each grade level using the links below by Friday, March 13, 2026. **Students must join the classroom using their google account associated with St. George School.**
  - ◆ [Current 5<sup>th</sup> Grade Classroom Link](#)
    - \* Access Code: 4si4t52e
  - ◆ [Current 6<sup>th</sup> Grade Classroom Link](#)
    - \* Access Code: wvrcqa76
  - ◆ [Current 7<sup>th</sup> Grade Classroom Link](#)
    - \* Access Code: ff7xeyke
- 2. Parent Google Form:** A parent must complete the following google form by Friday, March 13, 2026 giving permission to tryout:  
  
[2026/2027 Parent Permission for Cheer Tryouts](#)
- 3. Dress code for tryout:** All students are required to wear a fitted or semi-fitted solid-color T-shirt (any color) with solid black shorts, socks, and tennis shoes. Please dress appropriately—no bare midribs, baggy shirts, or very short shorts. Clothing that indicates membership on a cheerleading squad is not permitted (shoes are the only exception). For example, shirts that say “St. Agnes Cheerleader” or display competitive team logos are not allowed. If you do not own cheerleading shoes, regular tennis shoes are fine.
- 4. Tryout Clinic:** During the tryout clinic, the girls will learn a cheer, chant, and short dance that will be performed at tryouts. Tryout clinic days are closed to parents, and videotaping on campus is not permitted. Current 8th-grade cheerleaders, under the direction of the coaches, will assist in teaching the cheer, chant, and dance routines. Scores will be earned during clinic days and combined with tryout scores to determine a final overall score. After Day 1 of the clinic, a recording of the routines will be shared through Google Classroom to help the girls practice at home.
- 5. Tryout Information:** All girls are required to perform a toe touch, chant, cheer and dance. Each candidate will be judged individually by qualified, independent judges. Teams will be

selected based on a natural break in scores, and being on a previous squad does not guarantee a spot this year. Tryout day is closed to all parents. *Sharing tryout or practice videos on social media, via text, or email is **not allowed** before or after tryouts.*

- ◆ **Tumbling (optional):** Tumbling is an optional way to earn points on tryout day. Tumbling must be a running tumbling pass that can be performed on the gym floor. *NO standing tumbling, front walkovers, cart wheels or fulls are allowed.* Please ensure your child is confident and proficient performing the skill independently, as no spotting will be provided. Again tumbling is completely optional and not required.

- 6. Notification of Teams:** All candidates who signed up for tryouts will receive an email with the list of those selected for the 2026–2027 St. George Cheer Squads from Athletic Director Ashley Bourgeois on Saturday, March 28, after 4:00 p.m. Emails will be sent to the parent/guardian email addresses listed in FACTS, so please ensure that this information is up to date. Additional information will be provided to those selected for the team shortly following the initial notification.

*Please be mindful that not all candidates will be selected and that not everyone will see the results email at the same time. We respectfully ask families to refrain from sharing results on social media or other public forums and to remain considerate and supportive of all candidates, recognizing that this process may be disappointing for some.*

- 7. Injury:** If an athlete cannot tumble or jump due to an injury, an email with the injury explanation and limitations must be sent to Ashley Bourgeois prior to tryouts.

- 8. Costs:** Girls who make the team will need to purchase the following cheerleading supplies for the year:

- ◆ Uniform, shoes, bag, poms and turtleneck. Approximately \$600
- ◆ Camp and practice items-basic black shorts and t-shirts. Approximately \$30
- ◆ UCA Camp. Approximately \$245 for 6th & 7th Grades, \$360 for 8th grade

- 9. Practices:** Tentatively every Wednesday from 3:00-4:30 in the St. George gym starting in August 2026 and running through March 2027.

- 10. Performances:** Girls selected for the cheer squad are expected to actively support school spirit throughout the school year. This commitment includes cheering at home athletic events for girls basketball, boys varsity and JV basketball, and football, as well as performing at pep rallies and participating in other school-sponsored activities held during the school day. Being on the squad requires a commitment to teamwork, reliability, and representing the school positively at all times.

# 2026-2027 St. George Cheer

## Tryout Clinic Scoresheet:

On each tryout clinic day a score of 1-5 points will be given in each of the following areas:

1. Ability to Learn Quickly
2. Precision of Moves
3. Listens and Follows Direction
4. Positive Attitude and Demeanor

## Tryout Scoresheet:

**Cheer** - a score of 1-5 points will be given in each of the following categories:

1. Motion Sharpness
2. Voice Projection and Inflection
3. Knowledge of Material

**Chant** - a score of 1-5 points will be given in each of the following categories:

1. Motion Sharpness
2. Voice Projection and Inflection
3. Knowledge of Material

**Dance** - a score of 1-5 points will be given in each of the following categories:

1. Motion Placement and Sharpness
2. Coordination/Timing with Music
3. Knowledge of Material

**Toe Touch** - a score of 1-5 points will be given in each of the following categories:

1. Height
2. Technique/Sharpness

**Tumbling - *optional*** - a score of 1-3 points can be earned based on technique and difficulty of skill.