



SGS

Cheer Tryout 2025-2026

Important Tryout Dates:

On receipt of information:

Please have YOUR CHILD join “St. George Catholic School Cheer Tryout” Google Classroom with appropriate code given.

Wednesday & Thursday April 2-3, 2025 Pre-tryout days located in SGS Gym.

Friday, April 4th, 2025 St. George, tryouts in SGS Gym.

Tryout times:

5th grade: 4:15

6th grade 2:45

7th grade, 3:30

On Saturday, April 5th 2025 Notification of squads via **Reweb Email** will be sent out to all who tryout by St. George Athletic Director, Ashley Bourgeois, **after 4PM.**

Sign Up for Tryouts

Directions are included on how to sign up for tryouts through google classroom. To be eligible to tryout out for the 2024-2025 cheer season, you must sign up by Friday, **March 21st.**

Pre-Tryout Days

Pre-Tryout Clinic: All participants will be identified throughout the try-out process by a randomly assigned number. During the Cheer Clinic prior to tryouts, the girls will learn a cheer, chant, and a short dance that they will perform for tryouts. Clinic and tryouts are completely CLOSED to parents and spectators. There will be no videotaping allowed on campus. The current 8th grade cheerleaders under the direction of the coaches will help teach the cheer and dance routine to the girls. Qualified judges will be present on both days to evaluate the girls. They will assess with no actual contact. Pre-eval scores will be added to their try-out score sheets and totaled. The pre-assessment sheet is included in this packet.

Attire for cheer Pre-tryout clinic: All girls may wear any appropriate t-shirts and shorts. Please note that if you are jumping or tumbling, please wear boy shorts/ tights under your shorts.

They will learn:

• Spirit Cheer Out • Cheer • Chant • Tryout dance • Toe Touch

Tumbling (not required)

Tumbling must be a **running** tumbling pass that can be performed on the gym floor • Make sure your child is proficient in and comfortable performing the skills on their own. No spotting will be allowed. Again, tumbling is not required. • **No standing** tumbling, front walkovers, cart wheels, or fulls are allowed for tryouts.

Dress Code for Tryout Day

Each girl will be required to wear a **fitted/semi-fitted t-shirt of any color with solid-colored black shorts**, socks, and tennis shoes. Shirts should be tucked in if not fitted. We must be able to see your shorts. If you do not own cheerleading shoes, any tennis shoes are fine. Please dress appropriately (no bare midriffs, baggy shirts, short shorts etc.). Be presentable with neatly brushed hair, ponytail, and a smile! You may not wear any item of clothing that indicates prior membership on a cheerleading squad (except shoes). For example, shirts that say "St. Agnes Cheerleader" or anything with a competitive logo.

Tryout Information

Tryouts will consist of:

- Athletes are required to perform a toe touch, chant, cheer, and dance.
- Candidates are judged individually by Qualified Independent Judges.
- Not everyone who tries out will be chosen. Those on past squads are not slated to make the squad again this year
- Tryouts will be closed to anyone other than the judges.
- Please note: • It is encouraged YOU not share your personal practice videos. You are NOT allowed to SHARE THEM ON SOCIAL MEDIA before or after tryouts.
- Teams will be chosen based on a natural break of scores.
- After tryouts are completed and scores are generated, three teams will be chosen. This consists of a 6th, 7th, and 8th grade squad for the 2024-2025 school year.

Notification of WHEN and HOW you will be notified if you have made the squad

Email Notification:

- All candidates signed up for tryouts will be sent a list of those chosen for the St. George Cheer Squads for the 2024-2025 school year.
- The St. George Athletic Director, Ashley Bourgeois, will be sending the results on **Saturday, April 5th**, after 4PM. PLEASE do not email asking if it has been sent unless you have not received it by 9:00 PM that night. Check all aspects of your email prior to emailing Mrs. Bourgeois. She will be using the Email Addresses used in **Renweb**. If you need to update an email, please contact ashley.bourgeois@sgschoolbr.org immediately to make this change.
- Following, those who made the squad will be contacted via Email by their Coaches/Mrs. Tucker-Day in a timely manner, providing important information

Good luck to everyone!!!!

Cheerfully Yours,

Mrs. Lori Tucker-Day

4th Math, Science, Social Studies
Cheer Coach/Moderator 6th-8th
St. George Catholic School

lori.tucker-day@sgschoolbr.org

**If your child can not tumble or jump because of injury, an email explanation must be sent to lori.tucker-day@sgschoolbr.org prior to trying out.

Directions on how to Sign up for tryouts on Google Classroom

Join a class with a class code

1. Sign in with your **Google** Account. Go to **classroom** in your **google account**
2. Make sure to sign in **with the correct account associated with St. George School.**
3. Once in Classroom go the top right, **click Add** then **join.**
4. Click the link then enter **class code** provided:

Current 5th Grade: <https://classroom.google.com/c/NzQ4OTI4NTE5ODc1?cjc=m4phb7q>

Class code

m4phb7q

St. George Catholic School Cheer Tryout

Current 6th Grade: <https://classroom.google.com/c/NzQ4OTI4NzEwMDO3?cjc=sprqitd>

Class code

Sprqitd

St. George Catholic School Cheer Tryout

Current 7th Grade: <https://classroom.google.com/c/NzQ4OTMwOTY4MDUz?cjc=pcc6goe>

Class code

pcc6goe

St. George Catholic School Cheer Tryout

** There will be an assignment posted in classroom after pre-tryouts: These are the **Tryout Material Videos for your child to practice with.**

The "Athletic Department" form below must be filled out prior to your child trying out.

<https://docs.google.com/forms/d/e/1FAIpQLScz6g4j09bYUKZg-vhzs9rNsdfZJRt4KQfXDT1NEX5kuybOmA/viewform?usp=header>

Tryout Ballot:

St. George Tryout Ballot 2024-2025

Cheer

Motion Sharpness

*
1 2 3 4 5
Select one

Cheer

Voice Projection and Inflection

*
1 2 3 4 5
Select one

Cheer

Knowledge of Material

*
1 2 3 4 5
Select one

Chant

Motion Sharpness

*
1 2 3 4 5
Select one

Chant

Voice Projection and Inflection

*
1 2 3 4 5
Select one

Chant

Knowledge of Material

*
1 2 3 4 5
Select one

Dance

Motion Placement and Sharpness

*
1 2 3 4 5
Select one

Dance

Coordination/Timing with Music

*
1 2 3 4 5
Select one

Dance

Knowledge of Material

*
1 2 3 4 5
Select one

Jump #1

Toe Touch - Height

*
1 2 3 4 5
Select one

Jump #1

Toe touch - Technique/Sharpness

*
1 2 3 4 5
Select one

Tumbling

Technique/Difficulty of Skill

*
1 2 3 4 5
Select one

Ability to learn quickly 1-5 pts

Precision of moves 1-5 pts

Listens and Follows direction 1-5 pts

Positive attitude and demeanor 1-5 pts

They will receive a total out of 20 points EACH Pre-tryout DAY.

This total score will be added to their tryout ballot.

Scores will total up to 80 points.

2024-2025

SGS Cheerleader

Pre-Tryout Clinic:

Wednesday and Thursday, April 2-3, 2025, Learn: Cheer, Chant, Dance

Location: SGS Gym

Time: 2:45-4:00

(Parents please be prompt to pick up. We ask that you do not leave your car.

Your child will walk to you.)

Tryouts:

IN PERSON Tryouts Day 3: **Friday, April 4th**.

Friday, April 4th, 2025 current (6th) 2:45 (7th) 3:30
(5th) 4:15

Girls will NOT find out results until Saturday, April 5th

Dress code for pre-tryout and tryouts included in packet

Mandatory Dates:

Mandatory Camp Fitting ONLINE: **April, 7th** virtual online fitting for all camp gear
with Varsity Sports (email to follow)

Mandatory Practice date prior to camp: June 2nd & 3rd, 9am-3pm

SGS Gym

Mandatory UCA OPEN Cheer Camp: **Wednesday, June 4th- Friday, June 6th**

location SGS, Gym

Any questions emailed to:

Lori.tucker-day@sgschoolbr.org

Requirements:

Cheer Practices: Tentatively every Wednesday from 3:00-4:15 in the SGS gym through March.

Costs:

Girls who make the squad will be asked to **purchase** the following cheerleading supplies for the year:

- Cheer Gear- Uniform, shoes, bag, poms, and turtleneck.
- Camp wear items– Basic Black shorts and T-shirts
- UCA Private camp in SGS gym– approximately \$200 per cheerleader

We are extremely excited about this upcoming school year!

Sincerely,

Mrs. Tucker-Day

Lori Tucker-Day

lori.tucker-day@sgschoolbr.org